



## Three Articles of Faith

1. Sorrows can be shared.
  
2. The sharing of memories has power to heal.
  
3. We have a mystery power to bear each other in the presence of Love.

Ephesians 1: 15-16  
1 Thess. 1: 2

The Petition: Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. Amen.

For further study:

[Healing the Adult Child's Grieving Heart: 100 Practical Ideas After Your Parent Dies](#) by Alan Wolfelt, Ph.D.

[Healing A Child's Grieving Heart](#) by Alan Wolfelt, Ph.D

[Other titles in the series for specific losses]